



PARKSIDE SURGERY NEWSLETTER

AUGUST 2025

Bank Holiday Closure - Monday 25th August 2025

If you need medical assistance during this time please call 111.

We have recently welcomed Vicky our new patient service coordinator to the reception and administration team. She is currently undergoing training so please bear with us whilst she is learning.

This month we welcome to the practice, registrar's Dr James Wilcoxson, Dr Shahina Ahmed, Dr Hafsa Yousaf and Dr Victory Chikezie. We say goodbye to Dr Albagir Abdallah and wish him well.

Medication reviews

We are now able to offer both telephone and face to face medication reviews. Please ask a member of staff when you call to book in your medication review.

Reminder, if a medication is not available to order online. You could be requesting it a little too early, or you may require a medication review.

Non NHS work timescale

The wait time for non NHS work is currently 6-8 weeks and will incur a fee. The fee varies depending on the nature of the work requested. Subject Access requests for Medical records take up to 28 days. There is no charge for this.

Patient Feedback

Parking is a nightmare at any time. Had to park in Alfreton and walk in after failing to find a space.

We know it can be difficult to park at times, however the car park is for the Primary Care Centre and the Pharmacy.

The GP, Nurses and all the staff have been attentive to my needs. I have received understanding, support and kindness from all the staff. My personal experience leads me to believe that this Practice is a model of proper health care .

Appointment was running late (but expected these days) and it wasn't a major issue for me. The appointment itself was fine, the doctor listened, diagnosed the issue and issued prescription.

My appointment was on time and the doctor was very thorough.

I was disappointed that I couldn't discuss concerns I have about two other issues as I was told there wasn't time.

The doctor is only allocated 10 minutes so there isn't enough time to discuss more than one issue. This would mean the Doctor is then late for other patients they are due to see that day.

Immunisations

August is immunisation awareness month.

Why is it important to get vaccinated?

Getting vaccinated is the most important thing we can do to protect ourselves and our children against illness. Vaccines protect against life threatening diseases, preventing millions of deaths worldwide, every year.

Mumps and Measles are showing an increase again in Britain ,so the best way to protect ourselves is through the MMR vaccine. Two doses will offer lifelong protection.

There are certain number of people who are unable to get vaccinated due to lower immune systems or illness however if enough people have the vaccines, it makes it harder to spread to those who are vulnerable.

Vaccines teach your immune system how to create antibodies that protect you from diseases. They are thoroughly tested and take years to make it through trials and tests to ensure they will not harm you or your child.

To get the best protection as early as possible, it is important to bring your bring baby in for their routine vaccinations. These start from 8 weeks old, and will be given at different stages of their development. Some of the vaccines will be given more than once to offer full protection.

There are changes to the 1 year old vaccination programme. The Hib/MenC will no longer be given to children due to turn one years old on or after the 1st July 2024. There will be a new vaccine given when they are 18 months old along with Measles, Mumps and Rubella which have been brought forward from 3 years 4 months of age.

Children's Flu Vaccine

September will see the start of the children's flu vaccines, more information will be available in due course so please be on the lookout for this.

Vaccines in Pregnancy

You are eligible for Covid & Flu vaccines at any stage of your pregnancy during the flu and covid season. Other vaccines available are Whooping cough from 16 weeks and RSV from 28 weeks gestation.



Awareness days—August

Psoriasis action month

Psoriasis is a chronic (long lasting) skin condition that causes flaky patches of skin which form scales. The severity of psoriasis varies greatly from person to person. For some it's just a minor irritation, but for others it can have a big impact on their quality of life.

For more information visit the Website: <https://www.psoriasis.org/psoriasis-action-month/> or the following link: [Psoriasis Action Month](#)