



PARKSIDE SURGERY NEWSLETTER

JUNE 2026

Training Closure Date: Wednesday 17th June from 1:30pm.

Towards the end of the month we will say a sad goodbye to Dr Bahaa Kasem who is moving to another surgery to further his GP career. We wish him all the best at his new surgery.

We will be offering 2 early morning telephone appointments on selected Tuesdays starting in June. We are hoping that this will help those patients who struggle with appointments during our normal clinic hours.

Travel Vaccines:

Holiday Season is upon us, we would like to take this opportunity to remind you that we are unable to provide travel vaccines at the surgery. We are able to provide your vaccination history, for you to take to a local travel Clinic. Please fill out an online admin request via our website or pop into reception with 2 forms of ID, including 1 photo ID for us to be able to print this out for you.

Liver Lantern Club

A support group for liver disease in Derbyshire

Meet on the first Tuesday of every month
10am—12 noon

Marehay Methodist Church, Warmwells Lane, Marehay, Ripley, DE5 8JE

[Facebook.com/liverlanternclub](https://www.facebook.com/liverlanternclub)

liverlantern@outlook.com

Patient feedback

Hard work to get an appointment but the doctors and nurses are excellent.

There was a half hour wait past my appointment time. However my actual appointment was both informative and dealt with respectfully.

I have had excellent care from all the staff at Parkside surgery, every visit I have had.

On time friendly and professional service.

The nurses I have seen have been very caring and helpful appointment times have been spot on. Thank you.

I got an appointment with a GP the same day I phoned. The doctor was compassionate and very helpful I got the feeling he really cared about my health.

Carers week

This year, **carers week** runs from Monday 8th—Sunday 14th June 2026 and the theme for this year is “**Building Carer Friendly Communities**”

A carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a mental health problem or addiction cannot cope without their support.

Derbyshire Carers Association provide support to unpaid carers in Derbyshire on behalf of health and social care. They can give information and advice, carry out carer assessments and support planning, and offer peer support and social activities for carers across the county.

Their support service includes:

- carer’s assessments
- information about the condition or illness of the person you care for and signposting to support services
- services to help you to have a break from your caring role
- information about carer support groups
- advice about how to get a balance between caring and your health and wellbeing
- information and help to access any training courses available to you (for example, moving and handling)
- help to make a plan in case of an emergency or crisis
- information on how your GP can support you
- Advice on how to access services such as housing, employment support, education and more.

For more help, information or support contact the Derbyshire Carers association:

email info@derbyshirecarers.co.uk or telephone: [01773 833 833](tel:01773 833 833). Website: www.derbyshirecarers.co.uk

There are a range of local activities taking place for carers week this year here are a couple in our area:

Carers information day - 8th June 10am - Midday

Drop-in at Tesco, Bridge Street North, Clay Cross, S459NU.

Wellbeing Walk - 10th June 2026 12pm—2pm

Starting point: Ripley Leisure Centre, Derby Road, Ripley, Derbyshire, DE53HR no need to book just come along.

For more details contact: Laura Bryan—laura.bryan@derbyshirecarers.co.uk

Local Support group for carers

Ripley carer’s support group—Field Terrace, Ripley.

1st Tuesday of every month

10am – 12noon

